



**LEADERSHIP  
COEFFICIENT**

# INTRODUCTION TO COACHING

Are your leaders fully aware of the power of coaching to develop people?  
Are they able to create a culture that fosters empowerment and continual learning?  
Increase engagement and positivity by developing a coaching culture in your organisation.

## Overview

Coaching is a powerful methodology for creating high impact and sustainable learning and growth. In this hands-on and highly experiential 1-day workshop, participants will learn foundational coaching principles and techniques. As they practice and develop their coaching skills, they will discover the power of coaching to generate awareness, co-creative dialogue, learning, insight and growth.

**Topics include:** coaching as a leadership style, deep listening, curiosity, asking powerful questions, requesting and challenging, giving acknowledgement, managing comfort zones, dealing with saboteur, setting and maintaining accountability.

## FOUR GREAT REASONS TO ATTEND

- Understand what coaching is, its purpose, and the characteristics of an effective coach
- Experience the power and value of coaching to develop employees and peers and to raise performance
- Know and be able confidently to apply 10 core skills that generate powerful coaching conversations
- Be able to create a coaching culture across your team and organisation

## LEARNING APPROACH

This workshop is delivered using a coaching facilitation style that fosters discussion, insight and responsibility, with time and guidance for personal reflection that consolidates learning, intention and growth. A two-facilitator team in front of the room role models the co-creative coaching communication style that is at the heart of our coaching model.


## WHO WILL BENEFIT

This introductory workshop is for leaders who want to step more into coaching and develop a coaching leadership style to grow their employees, raise performance and create a coaching culture in their organisation.

## WHO WE ARE

At Leadership Coefficient we are experienced consultants, facilitators and certified coaches. Our global team members have broad business backgrounds and international experience in senior corporate roles. In particular we are practitioners in the work of the Coaches Training Institute, the Center for Right Relationship and the Presencing Institute for Theory U.

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